

















FEBRUARY 2019



GARDENS OF EUFAULA ASSISTED LIVING

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEALTH TOPIC: American Heart Month 	FOOD: Hot Breakfast Month 	FUN: Mardi Gras Valentine's Day	BIRTHDAYS: Mariesha Glover February 20 	National Senior Independence Month	1 11 AM Exercise 2 PM Bingo with Tina 	2 Groundhog Day National Wear Red Day 
3 Superbowl Sunday 6:30 PM on ABC (Channel 9) 	4 2 PM Birdseed Craft 	5 Weatherman's Day 10 AM Valentine's Day Craft 2 PM Bingo 	6 Women in Sports Day 10 AM Bible Study with Ellen 11 AM Exercise 	7 Send A Card Day 10 AM Music With Ann & Nonni 11 AM Exercise 2 PM Bingo	8 Boy Scout Day 2 PM Bingo with Tina 	9 Pizza Day  Pizza for Lunch
10  Family & Worship Day	11 National Make A Friend Day 11 AM Muffins & Coffee with Friends 	12 Fat Tuesday 11 AM Exercise 2 PM Bingo 	13 10 AM Bible Study with Ellen 10:30AM Hand Massage with Allison	14 Valentine's Day 10 AM Music 11 AM ROTC Visit 2 PM Valentine's Day Social 	15 11 AM Exercise 2 PM Bingo with Tina 	16 Nat'l Almond Day 2 PM Rummikub 
17 Random Acts of Kindness Day 	18  2 PM Rummikub	19 Chocolate Mint Day 11 AM Exercise 2 PM Bingo 	20 10 AM Bible Study 11 AM Exercise Happy Birthday Mariesha Glover	21 National Chili Day 10 AM Music With Ann & Nonni 11 AM Exercise 2 PM Bingo	22 George Washington's Birthday 2 PM Bingo with Tina 	23 Banana Bread Day 10 AM Banana Bread & Coffee Social
24 Oscar Night – Academy Awards at 7PM on ABC (Channel 9)	25 10 AM Doughnuts and Coffee 	26 11 AM Exercise 2 PM Bingo 	27 Nat'l Strawberry Day 10 AM Bible Study with Ellen 11 AM Exercise 	28 11 AM Exercise 10 AM Music With Ann & Nonni 2 PM Bingo	National Bird Feeding Month 	Happy Mardi Gras! 